

St Benedict's Parish

Arcadia

To do no wrong to anyone, and to bear patiently wrongs done to oneself.
Rule of St Benedict, Chapter 4



COVID-19 EASING OF RESTRICTIONS:

CHURCH ATTENDANCE:

One person per 4sqm approx. 200 people.

BOOKINGS ESSENTIAL

Contact Paula for:
Parish bookings
on 9653 2312 (Mondays & Fridays)
or 0423 078 282

Online Booking:
<https://www.trybooking.com/BJSGK>

PARISH:

Weekend Mass

Saturday 7:00pm
Sunday 9:00am
Sunday 10:30am
Sunday Latin 4.30pm

Weekday Mass

Mondays to Thursdays 9:30am
Fridays 7:00pm followed by Confession

MONASTERY CHAPEL Masses

Contact Father David for:

Monastery Bookings on 0400 371 260

Sundays 7:00am
Daily 7:00am

Please contact Father Bernard for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

Father Bernard: 0416 032 497

Fourteenth Sunday in Ordinary Time Year A

4 & 5 July 2020

First Reading

A reading from the prophet Zechariah
See how humbly your king comes to you!

Responsorial Psalm

Ps 144:1-14 R v.1

I will praise your name for ever,
My king and my God.

Second Reading

A reading from the letter of
St Paul to the Romans 8:9. 11-13
*If by the Spirit you put an end to the misdeeds of the
body, you will live..*

Gospel Acclamation

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;
You have revealed to little ones the mysteries of the
kingdom.
Alleluia!

Gospel

A reading from the holy Gospel
according to Matthew 11:25-30
I am gentle and humble of heart.

Gospel reading for this Week
Fourteenth Sunday in Ordinary Time Year A

A reading from the holy Gospel according to
Matthew 11:25-30

I am gentle and humble of heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord.

GOSPEL REFLECTION

The Fourteenth Sunday in Ordinary Time Year A
Matthew 11:25-30

Matthew's community was mainly comprised of Jews that had converted to Christianity.

As Jews, they had to be obedient to all the rules and regulations the Pharisees had set forth. This sometimes was referred to as the yoke of the Law. It was a very disciplined life, and observing all the precepts was often a yoke that was impossible to bear.

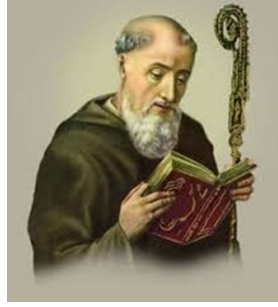
With all the precise rules and restrictions imposed by the Pharisees' interpretation of the Law, salvation seemed far away or even impossible to obtain. Matthew wants his community to know that Jesus came to give them a new yoke of discipline for their lives.

Jesus's yoke is easy, and his burden is light. Jesus shows Christians the way to live—to be gentle and humble of heart.

The image of a yoke is also a sign of hope for Christian converts, reminding them they do not walk alone—they are yoked to Jesus. Jesus walks with them, showing them the way. If they learn to synchronize their actions (movements) with those of Jesus, the yoke makes following the precepts of Jesus easy.

The yoke can be perceived as a tool that helps the believer walk more easily with Jesus. It speaks of an intimate relationship between Jesus and his disciples, a relationship between the student and the master. This is how we find peace—working as a team with Jesus.

SAINT OF THE WEEK



St Benedict, Abbot

Feastday: July 11
Birth: 480 Norcia Italy
Death: 543
Patron of students and Europe

St. Benedict is believed to have been born around 480, as the son to a Roman noble of Norcia and the twin to his sister, Scholastica.

Benedict gave up his inheritance and lived in a small village. When God called him beyond this quiet life to an even deeper solitude, he went to the mountains of Subiaco. Although becoming a hermit was not his purpose in leaving, there he lived as a hermit under the direction of another hermit, Romanus.

After years of prayer, word of his holiness brought nearby monks to ask for his leadership. He warned them he would be too strict for them, but they insisted -- then tried to poison him when his warning proved true. The story goes, the monks attempted to poison Benedict's drink, but when he prayed a blessing over the cup - it shattered.

So Benedict was on his own again -- but not for long. The next set of followers were more sincere and he set up twelve monasteries in Subiaco where monks lived in separate communities of twelve.

He left these monasteries abruptly when the envious attacks of another hermit made it impossible to continue the spiritual leadership he had taken.

But it was in Monte Cassino he founded the monastery that became the roots of the Church's monastic system. Instead of founding small separate communities he gathered his disciples into one whole community. His own sister, Saint Scholastica, settled nearby to live a religious life.

After almost 1,500 years of monastic tradition his direction seems obvious to us. However, Benedict was an innovator. No one had ever set up communities like his before or directed them with a rule. What is part of history to us now was a bold, risky step into the future.

Benedict had the holiness and the ability to take this step. His beliefs and instructions on religious life were collected in what is now known as the Rule of Saint Benedict -- still directing religious life after 15 centuries.

Benedict did not want to lose the power of voice to reach up to God simply because others had use it to sink down to the gutter. He reminded us "Let us consider our place in sight of God and of his angels. Let us rise in chanting that our hearts and voices harmonize." There was always a voice reading aloud in his communities at meals, to receive guests, to educate novices. Hearing words one time was not enough -- "We wish this Rule to be read frequently to the community."

Benedict instructed his followers to practice sacred reading -- the study of the very Scriptures they would be praying in the Work of God. Four to six hours were set aside each day for this sacred reading. If monks had free time it "should be used by the brothers to practice psalms." Lessons from Scripture were to be spoken from memory not read from a book. On Benedict's list of "Instruments of Good Works" is "to enjoy holy readings."

THE RULE OF ST BENEDICT

Chapter 7

The first degree of humility, then, is that a man keep the fear of God before his eyes, altogether shunning forgetfulness. Let him ever remember all the commandments of God, and how hell will burn for their sins those that despise him; and let him constantly turn over in his heart the eternal life which is prepared for those that fear him. And guarding himself always from sins and vices, whether of thought, word, hand, foot, or self-will, and checking also the desires of the flesh, let him consider that God is always beholding him from heaven, that his actions are everywhere visible to the eye of the Godhead, and are constantly being reported to God by the angels. The prophet teaches us this when he represents God as always present in our thoughts: *God searcheth the heart and the reins*; and again: *The Lord knoweth the thoughts of men*; and again he saith: *Thou has understood my thoughts from afar*; and: *The thought of man shall praise thee*. In order then that he may be careful regarding his wrongful thoughts, let the good brother say constantly in his heart: *Then shall I be spotless before him, if I shall have kept myself from my iniquity*.

FEAST OF ST BENEDICT JULY 11TH 2020

PRAYER

God our Father, You
made St. Benedict an
outstanding guide to teach
men how to live in Your
service.

Grant that by preferring
Your love to everything else,
we may walk in the way of
your commandments.

Grant this through Christ
our Lord.

AMEN

POPE FRANCIS' INTENTIONS FOR July 2020

OUR FAMILIES

We pray that today's families may be accompanied with love,
respect and guidance.

AMEN



NEW ADDITIONAL PARISH MASS TIMES

Weekend Mass

Saturday Vigil 7:00pm

Sunday 9:00am

Sunday 10:30am

Sunday Latin 4.30pm

Weekday Mass

Mondays to Thursdays 9:30am

Fridays 7:00pm followed by Confession

EASING OF RESTRICTIONS: 4SQM rules apply (fits approximately 200 people in our church)

BOOKINGS ESSENTIAL

Contact office on 9653 2312 or Paula on 0423 078 282

Online Booking: <https://www.trybooking.com/BJSGK>

In Our Parish

We remember in our prayers - all our dearly beloved who have died, especially Frank Saliba and Ben Lucas.

We welcome into God's family - to all who were recently baptised.

We pray for the sick of our Parish, our country and throughout the world.

PARISH FUNDS

Thank you to everyone for your kind donations! We are overwhelmed with your generosity!

With the suspension of Liturgies and Masses, our parish income has been severely affected. Also especially with the Fete being cancelled this year has set us back quite a bit.

For those wanting to make payments online directly to our bank account here are the details **ONLINE ONLY**:

BSB: **062 784**
Acct: **1446 8001**
Name: **Catholic Parish of Arcadia**
Bank: **Commonwealth Bank of Australia—Catholic Development Fund**

If you cannot transfer online please contact the office and we will provide you with deposit slip.

Another option is to pay by **credit card** just contact the parish office on 9653 2312 or email arcadia.pariah@bigpond.com

PARISH COUNCIL MEETING

There will be a Parish Council meeting:

When: Tuesday 7th of July
Time: 7.30pm
Where: Parish meeting room

UNI STUDENTS

Free to Parish Uni Student:

One Tektronix CRO/ Oscilloscope Analogue 60MHz.
2 Channel.

Please contact Tom on: 0419 802 936

Catholic Church's National Appeal for SEA SUNDAY

Next week is Sea Sunday, when the church prays for those who live and work at sea. There will be a national Appeal for Stella Maris, Apostleship of the Sea, the official maritime welfare agency of the Catholic Church. Donations will provide practical and spiritual support to seafarers in these challenging times of COVID-19. Please give generously. Go to: bit.ly/seasundayaustralia

Broken Bay News



BBN is available online. Please click the below:

https://issuu.com/home/published/broken_bay_news_june_2020

FUNDRAISING

Do you have any ideas for fundraising? Please contact the office on 9653 2312. We would love to hear your ideas!

CATECHIST NEWS

Scripture (SRE) classes resume next term! Please continue to keep our Catechists and the students that they teach, in your prayers at this time and during the holiday season.

Free training is being provided by the CCD online to all Catechists. **The CCD will be hosting online training for Safeguarding Children via Zoom during the school holidays Thurs 16th July 10am-12pm.** Please register one week prior to the date on 8379 1643 or registrations@bbcatholic.org.au

God bless,
Miriam Brown 9652 0558
Parish Catechist Co-ordinator

ITALIAN ROSARY GROUP

Every Monday 2.30pm. Everyone welcome.

For more details call Angela Egiziano. Ph: 9653 2312.

CCC PRAYER GROUP

Prayer meeting will resume every Friday night after 7pm Mass, as well as Wednesday mornings after 9.30am Mass. Everyone welcome.
For more details call Mary Camilleri on 0403116987.

EASING OF RESTRICTIONS—COVID 19

There is now a 4sqm rule per person. Bookings is still essential or write your name and phone number on the sheets provided at both entries.

We ask that everyone attending the Parish throughout the week and weekend please adhere to social distancing guidelines and sanitize your hands at the door.

Also wipe seats down afterwards with wipes provided at both entries.

If you are not well or experiencing flu-like symptoms, please stay home until you get better!

PLANTS FOR SALE



Judy Horton has some **donated** plants for sale:

200mm Gardenias and Murrayas: \$5.00 each or 3 for \$10

Advanced Banksias: \$10 each

All proceeds will go to our parish.

Please call Judy on 0419 604 701



Most Rev Anthony Randazzo
Bishop of Broken Bay

Message for BBNeighbourhoods
30 June 2020

My dear brothers and sisters in Christ,

One of my priests was recently told that there are no young people in the Church. When he shared this with me, he quickly added that he did not believe it. He soon set about his pastoral ministry and within a very short time; dozens of young people were connecting with the community of the Church. Thank God for that priest and his wonderful spirit of hope and clear vision.

On 22 October 1978, at the inauguration of his Pontificate, Pope John Paul II gave a special greeting to the young people of the world saying, "You are the future of the world, you are the hope of the Church, you are my hope."

Since then, part of this sentiment has been repeated many times. I say part of it because the full impact of what the new Pope was saying was so challenging that many could not comprehend it and consequently, they devoted substantial amounts of time and energy trying to avoid it.

The temptation was, and is, to consign young people in the Church to the future and in the process, deny them a place right here and now. This is not what Saint John Paul II had in mind. He emphasised the charism "hope" not the chronological "future" - that is, he emphasised a strong and confident expectation that there will be a future, because young people are a vibrant part of the living community of the Church. The Church is the Body of Jesus Christ and as the letter to the Hebrews reminds us, "Jesus Christ is the same yesterday and today and forever." (Heb 13:8)

There is another temptation, and that is to bury ourselves creating youth programmes in an attempt to keep them attracted to the Church. There is a fundamental problem in this approach, namely, that programmes are often institutional by nature. Most young people spend their time trying to avoid or even eliminate institutional dimensions from their life. That is not to say that they are anarchists, rather it is an acknowledgement of where our young people are during this stage of their lives.

So, you might be asking, what are we supposed to do for our youth when it comes to their life as Catholic Christians? I think that the answer is not really that complicated. What most people are looking for in life is security and stability in their relationships. Those relationships include the one with Jesus Christ, who is the most important relationship in the life of a Christian.

Office Hours: Mondays & Fridays 10.30am to 3pm	Website: www.bbcatholic.org.au/arcadia
Parish Office: 9653 2312	Facebook: stbenedictsarcadia
Parish Priest: Fr. Bernard McGrath OSB	Address: Cnr Fagans & Arcadia Rd, Arcadia 2159
After hours: 0416 032 497	Monastery: 9653 1159
Email: arcadia.parish@bigpond.com	Good Samaritan Sisters: 9653 1231

For all parish Occupational Health & Safety and Safeguarding Children matters
please contact Lorraine Dailey on 0416 081 882.

Programmes, activities, and gatherings, are terrific, if they are fundamentally about building and nurturing relationships with God and with each other. They will only be “successful” in as much as they normalise our relationship with the person of Jesus Christ. As individuals or united as a community of believers, our faith is real because Jesus is real. The experience of God’s love, mercy, and freedom is what draws our youth into the mission of the Church.

Young people are interested in anything that is good and they want to Instagram it, or Snapchat it, or even just talk about it. In many ways, they are natural evangelists. Our young people are intelligent, vibrant, and energetic. They are a living instrument of the mission of Jesus and that makes them valued members of our community of the Church.

There is room for growing this vision in Broken Bay. If we make the investment now by listening to and accompanying our young people in the faith, then we have every reason to have hope for the future. Blessings on your week.

+Anthony

COVID-19 RELIEF: CAMPION COLLEGE MORE THAN TRIPLES SCHOLARSHIP FOR 2021 STUDENTS
Catholic Tertiary College Offers \$5000 Scholarships for Early Enrolments

Campion College, Australia's first tertiary liberal arts college, has more than tripled the amount of money awarded to all new students who enrol early to study in 2021.

In view of the financial hardship and uncertainty facing many Australians due to the COVID-19 pandemic, the Sydney-based college has decided to increase its Early Enrolment Scholarship from \$1500 to \$5000 per student.

Those wishing to be eligible for the Early Enrolment Scholarship must be Australian residents planning to commence in 2021 as full-time students and accept their letter of offer by **Thursday 15 October 2020**. Year 12 students applying for an Early Offer will also be eligible to receive the scholarship.

"There isn't a single person in the country who hasn't been touched in some way by this virus or the lockdown," Campion president Dr Paul Morrissey said.

"Many have lost jobs, livelihoods and loved ones. We feel it's important to acknowledge this and to help new students undertake Campion's high-ranking degree, particularly those who might not otherwise have had the chance."

The latest national Student Experience Survey showed Campion achieved a 96.3 per cent overall student satisfaction rate – topping not only the highest university score of 93 per cent but punching well above the 78 per cent national average.

"I strongly encourage anyone with a love of learning, including those who haven't yet settled on a career path, to consider enrolling at Campion for 2021, especially in view of this fantastic scholarship offer, thanks to our very generous sponsors," Dr Morrissey said.

Campion offers a three-year Bachelor of Arts in the Liberal Arts and a one-year Diploma of Liberal Arts.

The scholarship can be deposited directly into the student's bank account, or used to reduce tuition or accommodation fees. The latter option would be particularly useful for interstate students as it effectively reduces on-campus accommodation costs by 50 per cent.

Learn more about the Early Enrolment Scholarship: <https://www.campion.edu.au/scholarships/early-enrolment/>

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